



Guild for Structural Integration  
in the tradition of Ida P. Rolf Ph.D.  
[www.rolfguild.eu](http://www.rolfguild.eu)

## THE TIMELESS ELEGANCE OF CLASSIC STRUCTURAL INTEGRATION

### Suggested Reading List

- Structural Integration/Rolfing: The Integration of Human Structures – Ida P. Rolf
  - Ida Rolf Speaks: Rolfing and Physical Reality - Rosemary Feitis
  - The Basic Series in All Its Abundance: *An Homage to Dr. Ida Rolf's Work Inspired by John Lodge.* <https://rolfguild.ch/JohnLodgeBook.html>
  - The Rolfing Experience – Integration in the Gravity Field – Betsy Sise
  - Foundations of Structural Integration – Ritchie Mintz
  - Align for Life – Journey to Structural Integration – Dan Bienenfeld
  - Rolfing Structural Integration – Hans Georg Brecklinghaus
  - Remembering Ida Rolf – Rosemary Feitis & Louis Schultz
  - The Endless Web – Louis Schultz & Rosemary Feitis
  - Handbuch für Strukturelle Integration Band 1-5 – Hans Georg Brecklinghaus
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- **Anatomy and Physiology:**
  - Architecture of Human Living Fascia – Jean-Claude Guimberteau
  - Atlas of Human Anatomy – Frank Netter
  - Trail Guide to the Body – Andrew Biel
  - Trail Guide to Movement – Andrew Biel
  - The Body Reveals – Ron Kurtz & Hector Prestera
  - Emotional Anatomy – Stanley Keleman