

Suggested Reading List

- Structural Integration/Rolfing:: The Integration of Human Structures - Ida P. Rolf
 - Ida Rolf Speaks: Rolfing and Physical Reality - Rosemary Feitis
 - The Rolfing Experience - Integration in the Gravity Field - Betsy Sise
 - Foundations of Structural Integration - Ritchie Mintz
 - Align for Life - Journey to Structural Integration - Dan Bienenfeld
 - Rolfing Structural Integration - Hans Georg Brecklinghaus
 - Remembering Ida Rolf - Rosemary Feitis & Louis Schultz
 - The Endless Web - Louis Schultz & Rosemary Feitis
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- Anatomy and Physiology:
 - Architecture of Human Living Fascia - Jean-Claude Guimberteau
 - Atlas of Human Anatomy - Frank Netter
 - Trail Guide to the Body - Andrew Biel
 - Trail Guide to Movement - Andrew Biel
 - The Body Reveals - Ron Kurtz & Hector Prestera
 - Emotional Anatomy - Stanley Keleman